



Harmony for Life®

COACHING & CONSULTING FOR PEOPLE
& BUSINESSES WORLDWIDE



ABOUT HARMONY FOR LIFE®

Harmony for Life® has operated in Minneapolis, MN, Santa Fe, NM, and Tucson, AZ, serving local and global clients. Since 1993, owner Mari Tankenoff, MA, LP (MN-1993), CC-Coach Training Alliance Certified Coach has offered clients her unique perspective and background in clinical psychology, life and business coaching and consulting, arts management and performance, corporate communications, non-profit program and curricula development, integrative and holistic healthcare and wellness, and organizational dynamics.

A frequent stress management and lifestyle-work style guest on national radio and television, she has been a print media columnist, writer, author, copy editor, and public speaker. Her clients have included individuals, couples, families, groups, organizations, and businesses worldwide.

Mari works with clients in her Tucson, AZ USA-based location, as well as global clients via telephone, SKYPE, and on location upon request. Mari thoroughly enjoys supporting people and businesses in experiencing fulfillment and success.

A lifelong student, Mari continues her professional and educational training in the areas of psychology, integrative health, organizational and business practices, spiritual development, and is a PhD student in Organizational Systems at Saybrook University, San Francisco, CA USA.



WWW.HARMONYFORLIFE.COM





Harmony for Life®

*Worldwide Resource Guide & Network for Partnerships & Referrals
Partnering with people and businesses for big-benefit, longstanding results*

WHO ARE OUR CLIENTS?

People and businesses wanting to achieve goals, make major changes, or go in a new direction in life and/or business.

WHAT WE DO

Harmony for Life® focuses on where you are and where you want to be. Based on a wholeness model, we presume clients' innate ability to co-create success and self-generate solutions. Coaching provides clarity, support, and accountability to assist you in realizing and experiencing catalytic change. Solution-focused consulting assists clients in making customized, transformative changes or "overhauls," when their current life or business situation requires more than the "fine-tuning" of coaching.

SPECIALTY BUSINESS PROGRAMS

Retreats, workshops, speaking engagements, classes, writing projects, program/curricula development and facilitation, and team building.

SOLUTION-FOCUSED APPROACHES TO YOUR SUCCESS

- Clarify your life and/or business vision
- Create work that makes a meaningful difference in the world
- Explore and emulate conscious business practices
- Develop new ways to approach and reach your goals
- Increase awareness of self, organizational identity, and role in the marketplace
- Define communication and problem-solving skills
- Increase staff morale, engagement, retention, and sales
- Navigate and manage transitions/changes/crises
- Establish work-life balance
- Improve health and wellness
- Create & nourish relationships
- Prevent stress-based problems in all areas of life: health, finances, spirituality, and personal and professional relationships.
- Experience adaptability, flexibility, productivity, and harmony as you explore your potential

(505) 204.0569 | Tucson, AZ 85750

info@HarmonyForLife.com